

#### **COURSE DESCRIPTION**

# **Autism for leaders**

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# How has this course been developed?

This 3 hour course has been developed in-line with the latest research and empirical studies relating to aspects of autistic-affirming leadership and balanced with 10 years professional experience of supporting the autistic people as well as lived experience of the specific subject matter.

## What is the overall course aim?

This course aims to develop a strong understanding of how to model autism-affirming ethos. You will develop an understanding of how to identify areas of your organisation, department or business unit that will benefit from autism-affirming initiatives and how to motivate your team to engage with them.

# What are the expected learning outcomes?

- In-depth understanding of autism
- Understand the Equality Act 2010 in relation to autistic colleagues and customers
- Understand the nuances of autistic culture and community
- Understand ableist and neuro-normative culture and approaches
- Aware of efficient and effective ways to audit and assess the existing organisational culture
- Understand how to manage competing individual neuro-needs and neurocultures within your team
- Workshop practical and tailored strategies to adapt your personal and organisational practice to be autism-affirming
- Aware of how to access additional strategies and resources to support your autism-affirming cultural and organisational change

### Who is this course for?

This course has been designed for CEO's, Directors and Senior Managers. No previous knowledge or training is required, however attendees should have a good basic understanding of what autism is.

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